

At Support Group get-togethers, Carers of people living with dementia come together to share:

- Experiences of living with dementia
- Information and learn more about dementia
- Caring skills
- Ways of managing and coping
- And enjoy social outings

## **NO COST**

- 1st Monday of each month
- 11:00am 1:00pm
- 48 Oliver St ICS Activities Room
- Support Group Facilitator Sandy Scoble



Supported by the Australian Government Department of Health.