

COMMUNITY TRANSPORT

Our subsidised Community Transport Service is available to eligible members of the community that need to access transport for medical, social, recreational or shopping purposes.

Eligibility for subsidised services

- Have limited or no access to transport if under 65 (50 ATSI)
- Over 65 years (50 ATSI) and registered with My Aged Care and referred to us for transport assistance
- Need short term assistance to access health related services

Call us on 6722 5853 to ask about your eligibility.

Types of Transport

Medical

Our door-to-door service will pick you up from home and drop you where you need to go. Due to the high demand for our medical trips, the earlier you book in with us the better. We have cars travelling to medical appointments in Armidale & Tamworth regularly as well as around Inverell too. Fees vary depending on the destination so call us for a quote.

Community Access Bus

We operate a Community Access Bus in Inverell on Monday, Wednesday & Friday mornings between 9am and Noon. This is a pre-booked service (24hrs notice required) and is a very cost effective way of getting around town.

Call us for bookings on 6722 5853.

ABOUT INVERELL COMMUNITY SUPPORT

Our aim is to assist members of our community live their lives to the fullest. Our range of support services are very popular and demand can sometimes exceed our capacity.

We encourage you to contact us to chat about your circumstances and how we might be able to help you.



Email
info@inverellcommunitysupport.org.au

Address
48 Oliver Street, Inverell, NSW, 2360

Website
www.inverellcommunitysupport.org.au

Community Transport 6722 5853

Wellbeing & Dementia & Carer Support 6722 5888

Meals on wheels 6722 1951

Inverell Community Support is proudly supported by its Board of Management comprising of representatives from the Inverell community.

Supported by the Australian Government Department of Health.



INVERELL
**COMMUNITY
SUPPORT**

your link to the community

A not-for-profit community organisation providing accessible, affordable transport, social support and home delivered meals.

www.inverellcommunitysupport.org.au

SOCIAL & WELL-BEING ACTIVITIES

Looking to get out of the house and catch up with others that are keen to enjoy a fun day out?

We offer a range of social programs that might be of interest to you if you are over 65 years (50 ATSI).

Social Lunch Bus

Book your seat with one of our social lunch buses that depart from Inverell and explore the best that Inverell, and its surrounding areas, has to offer. Travel to one of the local pubs, clubs and local eateries and enjoy the company of others. Call us for upcoming destinations or check us out online. Lunch buses operate every Monday, Friday and the 1st & 3rd Tuesday of the month.

Coffee Club

Join us for morning tea on the 2nd and 4th Wednesday of the month at one of our local cafes. Make new friends or catch up with old ones in this casual group. Transport available.



Ladies Social Butterfly Group

A fun filled day that caters to ladies who enjoy participating in a variety of activities, going on outings and learning new things with like-minded people. This group is held on the 1st and 3rd Wednesday of the month. Transport Available.

Ladies Craft Day

For those with some creative flare, consider joining us every 4th Monday for a day of companionship and crafting. This group is held in our Activities room in Oliver St, Inverell between 10am – 2pm. Transport available & lunch provided

Ashford Day Centre

Looking for an enjoyable day out in Ashford? Our Tuesday Activities Program might be just the thing. Come along for a few hours of laughter, and activities. Lunch included.

Gentle Exercise

Staying Active is so important as we age. Join our friendly staff for gentle exercise sessions held at the Inverell Homes for the Aged Hall in Macintyre St on Mondays & Coinda Hall on Wednesdays. These sessions run from 9:30am - 10:15am.

Meals on Wheels

Inverell Meals on Wheels provides a variety of freshly cooked meals daily. A range of healthy, nutritious food options are available and all clients' dietary requirements can be catered for. The diverse menu has something to appeal to every taste.

MEMORY LOSS & DEMENTIA SUPPORT

We know that when you experience memory loss or live with dementia it can be a challenging time for you and your loved ones.

Dementia impacts everyone differently, so it's important to get the support you need.

Golden Club

This program is for people living with dementia, memory loss or a related disorder. Run each Tuesday & Thursday, this service offers respite for family members and a social outing for the person living with dementia. Attendees participate in a range of activities according to their choice and ability and are served morning tea and a home cooked lunch.

Transport is available.

A **Carer Support Group** is also held once a month to offer support, and provide information, to care givers of people living with dementia. Guest speakers are often invited to these meetings.



Meals on Wheels
Inverell