

## About us

Inverell Community Support (ICS) is a not-for-profit organisation providing affordable and accessible transport and social support across the Inverell region. We are Home Care Package compliant.

We're here to help you stay active, independent, and connected to your community.



## Community Transport

Subsidised transport is available to residents:

- ✓ Aged under 65 (50 ATSI) who have no access to transport.
- ✓ Aged over 65 years (50 ATSI), registered with My Aged Care and referred to us for transport assistance.
- ✓ Need short term assistance to access health related services.

Due to high demand, bookings are essential for the following services:



Door-to-door transport to take you to medical appointments.



A community access bus for social, recreational or shopping needs in Inverell.

**Call for a quote or to book: 6722 5853**

## Meals on Wheels

Meals on Wheels provide meals to anyone who needs some support with meals. We provide nutritious meals that are flexible to your needs with no contract.

Whether it's a temporary arrangement as you recover from an illness or injury, or on a more permanent basis. Contact us on 6722 1951.



**Meals on Wheels**  
Inverell

**Let's talk about your circumstances and how we might be able to help you!**



**Visit our office:**

48 Oliver Street, Inverell



**Email us:**

[info@inverellcommunitysupport.org.au](mailto:info@inverellcommunitysupport.org.au)



**Community Transport:**

6722 5853

**Social Groups & Activities:**

6722 5888

**Dementia & Carer Support:**

6722 5888

**Meals on Wheels:**

6722 1951



**Find us on Facebook!**



**INVERELL  
COMMUNITY  
SUPPORT**  
*your link to the community*

## Our Services



**Meals on Wheels**  
Inverell

Inverell HACC Services is funded by the Federal Government under the Commonwealth Home Support Program

# Social Groups & Activities

## Social Lunch Bus

Looking for a fun day out? Our Social Lunch Bus departs from Inverell and Ashford, taking you to local pubs, clubs and eateries. It's a great way to get out, meet people, and enjoy a delicious lunch together. The bus operates every Tuesday and Friday. Call us or visit us online to see where we're heading next.

## Coffee Club

Join us for morning tea at a local café on the second and fourth Wednesday of each month. It's a relaxed way to meet new people or catch up with friends. Transport is available - just ask when booking.

## Social Butterfly Group

A friendly group for women who enjoy outings, activities, and learning new things. We meet on the first and third Wednesday of each month. Transport is available - just let us know when you book!

## Carers Support Group

The first Monday of the month, caregivers of people living with dementia are invited to join our get togethers which often feature a guest speaker.

## Gentle Seated Exercise

Held Mondays at the Inverell Homes for the Aged Hall in Macintyre Street and at Cooinda Retirement Village each Wednesday. Phone 6722 5888.

## Golden Club

A supportive activities group for people living with dementia, memory loss, or a related condition. Held every Tuesday and Thursday, Golden Club provides a safe, social outing for participants and valuable respite for carers. Morning tea and lunch is provided and transport is available.

## Creative Crafters

Get creative and connect with others at our monthly arts and crafts group, held on the fourth Monday of each month at ICS, 10:00am – 2:00pm. Transport is available - just ask when booking.



## Ashford Day Centre

An enjoyable day out for Ashford residents. Join us for our Tuesday Activities Program - a few hours of laughter, conversation, and engaging activities in a friendly, welcoming space. Everyone's welcome! Includes a homecooked lunch.

## Ashford Community Transport Service

We service the Ashford area, providing transport to medical appointments and into Inverell for shopping.

## Make a real difference

Volunteer with us to help people stay independent, connected and thriving. We have a range of roles available and would love to hear from you! Call us on 6722 5888.